O God, I seek refuge in Thee from the agitation of craving,

the violence of wrath, the domination of envy, the frailty of patience,

the lack of contentment, surliness of character, urgency of passion, the disposition to vehemence,

following caprice, opposing guidance, the sleep of heedlessness, undertaking the toilsome,

preferring falsehood over truth, persisting in sin,

making little of disobedience, making much of obedience,

vying with the wealthy, distitleging the poor, guarding badly over those in our hands, failing to thank those who have done good to us,

aiding a wrongdoer, abandoning someone troubled,

wanting what is not rightfully ours, and speaking about knowledge without knowing.

We seek refuge in Thee from harbouring dishonesty toward anyone,

being pleased with our works, and stretching out our expectations.

We seek refuge in Thee from ill-mindedness, looking down on the small,

Satan's gaining mastery over us, time's afflicting us, and the sovereign's oppressing us.

We seek refuge in Thee from acting with prodigality and not having sufficiency.

We seek refuge in Thee from the gloating of enemies, indigent need for equals,

living in hardship, and dying without readiness. We seek refuge in Thee from the most dreadful remorse,

the greatest affliction, the most wretched wretchedness, the evil end to the journey, the deprivation of reward, and the advent of punishment.

O God, bless Muhammad and his Household and through Thy mercy, give to me refuge from all of that.

and to all the faithful, both men and women! O Most Merciful of the merciful!

ٱللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ هَيَجَانِ الْحِرْسِ ، وَسَوْرَةِ الغَضَبِ وَغَلَبَةِ الْحَسَدِ وضَعْفِ الصَّبْرِ وَقِلَّةِ الْقَنَاعَةِ وَشَكَاسَةِ الْخُلُقِ، وَإِلْحَاحِ الشَّهْوَةِ ، وَمَلَكَةِ الْحَمِيَّةِ ، وَمُتَابِعَةِ الْهُورَى ، وَمُخَالَفَةِ الْهُدى ، وَسِنَةِ الْغَفْلَةِ ، وَتَعَاطِي الْكُلْفَةِ ، وَإِيثَارِ الْبَاطِلِ عَلَى الْحَقِّ وَالإصْرَارِ عَلَى الْمَأْتُمِ، واسْتِصْغَار الْمَعْصِيَةِ، واسْتِكْثَار الطَّاعَةِ، وَمُبَاهَاةِ الْمُكْثِرِينَ ، وَالإِزْرِ آء بِالْمُقِلِّينَ ، وَسُوء الْولاَيَةِ لِمَنْ تَحْتَ أَيْدِينَا, وَتَرْكِ الشُّكْرِ لِمَنِ اصْطَنَعَ الْعَارِفَةَ عِنْدَنَا ، أُوْ أَنْ نَعْضُدَ ظَالِماً ، أَوْ نَخْذُلَ مَلْهُوفاً ، أَوْ نَرُومَ مَا لَيْسَ لَنَا بِحَقّ، أُوْ نَقُولَ فِي الْعِلْمْ بِغَيْرٍ عِلْم وَنَعُوذُ بِكَ أَنْ نَنْطَوى عَلَى غِشِّ أَحَد ، وَأَنْ نُعْجَبَ بِأَعْمَالِنَا ، وَنَمُدَّ فِي آمَالِنَا وَنَعُوذُ بِكَ مِنْ سُوء السَّريرَةِ ، وَاحْتِقَارِ الصَّغِيرَةِ وَأَنْ يَسْتَحُوذَ عَلَيْنَا الشَّيْطَانُ، أَوْ يَنْكُبَنَا الزَّمَانُ ، أَوْ يَتَهَضَّمَنَا السُّلْطَانُ وَتَعُوذُ بِكَ مِنْ تَنَاوُلِ الإسْرَافِ، وَمِنْ فِقْدَانِ لْكَفَاف وَنَعُوذُ بِـكَ مِنْ شَمَاتَةِ الأَعْدَاء وَمِنَ الْفَقْرِ إِلَى الأَكْفَاء وَمِنْ مَعِيشَة فِي شِدَّة وَمَيْتَة عَلَى غَيْـر عُدَّة. وَنَعُوذُ بِكَ مِنَ الْحَسْرَةِ الْعُظْمي، وَالْمُصِيبَةِ الْكُبْرِي ، وَأُشْقَى الشَّقَاء وَسُوء المآب وَحِرْمَانِ الثَّوَابِ ، وَحُلُولِ الْعِقَابِ. اللَّهُمَّ صَلِّ عَلَى مُحَمَّد وَآلِهِ ، وَأُعِذْنِي مِنْ كُلِّ ذَلِكَ بِرَحْمَتِكَ

وَجَمِيعَ الْمُؤْمِنينَ وَالْمُؤْمِنَاتِ يَا أُرْحَمَ الرَّاحِمِينَ.